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21. The method of claim **16**, wherein the system achieves an estradiol flux of about 0.0167 mg/cm²/day, based on the active surface area.

22. The method of claim **16**, wherein the system achieves an estradiol flux of about 0.0175 mg/cm²/day, based on the active surface area. 5

23. The method of claim **16**, wherein the adhesive polymer matrix comprises about 1.6% by weight estradiol, based on the total dry weight of the adhesive polymer matrix.

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